Henry River to Lake Guyon and Stanleyvale

Follow the vehicle tracks across the Ada Flats, past the Ada Homestead to the Lake Guyon sign-posted turnoff. Note that the Ada Homestead is private property, but the cattle yards at the back of the property facing down the Waiau are a great place to stop for a lunch break.

Option: After leaving the Ada Homestead and fording the creek on the vehicle track, turn right and cross the Waiau to join the cycle trail and follow this down to the Lake Guyon turnoff.