

Stanleyvale to Pool Hut – 2.5 hours – Medium

Follow the poled route down the Stanley River, but instead of crossing the lower Stanley and turning left up onto the Racecourse, climb up straight ahead onto the grassy terrace above the true right of the Stanley where it confluences with the Waiau. Look for the bulldozer track which will take you down to the Waiau. Ford the Waiau, climb up onto the terrace and Pool Hut is about 200m downstream.

Note: True right and true left for rivers are always in relation to the direction in which the water is flowing.